

### **Project ImPACT**

### **Provider Training and Certification Overview**

#### What is Project ImPACT?



Project ImPACT is an evidence-based parent-mediated intervention program based on best practices in early intervention.

- Teaches core social communication skills in a developmental framework
- Uses a blend of developmental and ABA teaching strategies within play and daily caregiving routines
- Uses effective parent coaching and engagement strategies to help parents learn and use the intervention
- Includes elements to support community use, including detailed procedures, family-friendly materials, and two flexible delivery models

#### Who is Project ImPACT for?



Project ImPACT is for young children with social communication delays, including autism spectrum disorder. It is designed for children up to age six, but may be used for older children with cognitive and language delays.

# How was Project ImPACT developed?



Project ImPACT is the result of over 15 years of research and development. The developers worked together with families, providers, administrators, and experts to ensure that Project ImPACT can be used effectively in a variety of community intervention programs.

#### Who can deliver Project ImPACT?



A variety of early intervention professionals - including speech therapists, BCBAs, special educators, social workers, psychologists, and occupational therapists - can coach families effectively in Project ImPACT.

### What training is available to help providers deliver Project ImPACT?

Providers can complete **20 hours of Introductory Training** to prepare themselves to deliver Project ImPACT. Training involves reading the manuals, and then completing a **6-hour online tutorial** that introduces the program and intervention techniques, followed by **14-hour, multi-day workshop** that uses active learning strategies to help providers apply the interventiion techniques and parent coaching strategies. Organizations may opt for a 20-hour workshop in lieu of the Online Tutorial.

## How do providers get certifed to deliver Project ImPACT?

There are 3 steps providers must complete to become a Project ImPACT certified coach.

- 1. Read the manuals and complete the 20-hour Introductory Training.
- 2. Receive 6 months of consultation from an ImPACT Trainer Consultant while using the program with families. Consultation involves video review, feedback on case presentations, and problem-solving around difficult cases and implementation issues. Consultation is conducted via videoconferencing and may be conducted individually or in groups.

**Individual consultation**: Provider receives 6, 1-hour individual consultation meetings with an ImPACT Consultant. Provider must submit training materials and video for review prior to each meeting

**Group consultation:** Groups of 3-6 providers from the same organization participate in 1-hour group consultation meetings twice a month with an ImPACT Consultant.

3. Meet fidelity of implementation through submission of video of key components of the program. Video submission is completed as part of the consultation process. If providers do not meet fidelity during consultation, they may submit additional videos to be reviewed for a fee.



# Project ImPACT Training and Certification Frequently Asked Questions

**Do I need to become certified in order to use Project ImPACT with families?** No. We have made the Project ImPACT Curriculum publicly available to encourage the use of parent coaching in community settings serving young children with social communication challenges. However, we recommend that providers complete the Online Tutorial and the Introductory Training Workshop in order fully understand how to use the curriculum with families.

**Can I use Project ImPACT as a direct intervention?** Yes. Project ImPACT was developed as a parent-mediated intervention. However, the intervention strategies are effective as therapist-implemented intervention and can be used by providers and paraprofessionals who deliver direct intervention services to children.

I completed the Project ImPACT Online Tutorial previously. Do I need to do it again if I attend an Introductory Training Workshop? No. However, it is highly recommended that you review the tutorial prior to attending the workshop. You can submit a copy of your Online Tutorial Completion Certificate to the individual leading the workshop to receive a \$75 discount for the workshop.

**Do I need a graduate degree to become a Certified Project ImPACT Coach?** No. Given the skills involved in providing high quality coaching to families, we recommend that providers have a graduate degree in their respective discipline. However, providers without a graduate degree may be eligible to become certified if they have significant experience working with families of young children with social communication challenges.

What is the certification process for coaches? Providers must complete the Introductory Training and then receive 6 months of consultation while implementing the program with families. To become a certified coach, providers must submit training materials and videos of key elements of the program that meet fidelity of implementation. Click here for more information on our coach certification process.

If I am a Certified Project ImPACT Coach, can I train other providers? Certified coaches can train and support other providers within their practice setting in Project ImPACT. They may not offer Introductory Training Workshops or certify others as Project ImPACT coaches. Certified coaches who wish to offer Introductory Training Workshops and/or train others to certification must complete additional training to become a Certified Project ImPACT Trainer Consultant.

Can I use the slides, videos, and other materials I received during my consultation to train others in my own practice setting? No. The consultation materials are only available for use by Certified Trainer Consultants. However, you may use the slides and videos that are provided on Guilford Press's Companion Website to develop your own informal training materials.

**Is there certification process to become a Certified Project ImPACT Trainer Consultant?** Yes. Certified coaches who have used the program for at least one year can apply to complete additional training to become Certified Project ImPACT Trainer Consultants. Given our limited training capacity, priority will be given to providers who work in regions with a high demand for training. Additional information on the Trainer Consultant certification process will be available soon.

Do you provide support to organizational leaders who wish to scale up the use Project ImPACT within their organization? Yes. Organizational leaders may benefit from assistance in planning and implementing Project ImPACT from a Certified Project ImPACT Trainer Consultant. Team meetings can be conducted prior to or following the Consultation and Certification process and could address planning for sustainability; identifying and coordinating the intervention team; identifying and on-boarding families; determining program logistics; addressing family barriers to participation; and determining adaptations that can be made to meet the needs of the organization while still maintaining fidelity.

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